

# ANTIBIOTIC RESISTANCE

## WHAT YOU CAN DO



Antibiotic resistance happens when bacteria change and become resistant to the antibiotics used to treat the infections they cause.



- 1 Only use antibiotics when **prescribed** by a certified health professional
- 2 Always take the **full prescription**, even if you feel better
- 3 **Never use left over** antibiotics
- 4 **Never share** antibiotics with others
- 5 **Prevent infections** by regularly washing your hands, avoiding contact with sick people and keeping your vaccinations up to date

[www.who.int/drugresistance](http://www.who.int/drugresistance)

**#AntibioticResistance**



**World Health  
Organization**